

# Tooth-Colored Restorations

We have placed tooth-colored restorations in your teeth. The resin material used is a plastic with small “filler” particles of glass-like material—the finest and most up to date materials available today. These restorations will serve you well for several years; however, you should be aware of the following.

**Chewing.** As with natural teeth, avoid chewing excessively hard foods on the restored teeth (hard candy, ice, raw carrots, bones, etc.) because extreme force can cause the resin material to be broken from the tooth - just as it can in a natural tooth. In the event that a breakage occurs, replacement of a restoration is not difficult.

**Recalls.** Visit us at regular prescribed examination and cleanings. Often problems that are developing around the restorations can be detected at an early stage and repaired easily. Waiting a longer time may require redoing the entire restoration. This could be a problem with the warranty.

**Preventive Procedures.** To provide optimum longevity for your restorations and to prevent future dental decay and supporting tissue breakdown, please brush and floss after eating and before bedtime.

Please call us if you notice any change in your tooth-colored restorations, or if you have any questions at all about them.