Real World Continuing Education Courses for the Dental Team.

Developed by a full time practicing clinical periodontist, to enhance the team approach to comprehensive ‘everyday’ interdisciplinary dentistry. These clinically oriented programs are designed to promote the value of the referral process for all members of the dental team.

Colin S. Richman DMD
Diplomate, American Board of Periodontology
Periodontics, Oral Medicine and Dental Implants.
1305 Hembree Road, Suite 104
Tuesday, July 07, 2009

Dear colleague,

I have attached a list of various Periodontally - Implant Oriented programs available for presentation to Dental Study Clubs or Dental Meetings.

These programs are directed at comprehensive *interdisciplinary dental care*, with the focus on clinical Periodontal and Implant Therapy.

Unfortunately, little continuing education is available for dentists and dental hygienists relative to fundamental periodontal therapy encompassing evaluation, diagnosis, treatment planning and treatment delivery. These programs remedy this situation by specifically addressing these issues. The content of each course is strongly evidence based.

Please do not hesitate to contact me if you require any more information, or if you are interested in one or more of the programs for your group.

My email is: cr27@drcolinrichman.com and my cell phone is 404/784-7272.

I look forward to working with you in the future.

Yours sincerely,

Colin Richman DMD
Diplomate: American Board of Periodontics
Courses and Lectures Offered

Contemporary Real World Periodontics - Back to Basics..... 4

Recession, Abrasion, Abfraction and Erosion......................... 5
Minimizing Risk
(Most Popular Program)

Achieving Dental Excellence............................................... 6/7
Interdisciplinary Treatment, Facilitated by – PAOO
(Periodontally Accelerated Osteogenic Orthodontics).

Essential Records for Comprehensive Care.......................... 8
Developing confidence in handling “The Big Cases”.

Contemporary Real World Periodontics
An update for the Dental Hygienist................................. 9

Real World Interactive Treatment Planning
for the Dental Team .......................................................... 10

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Risk Factors in Implant Dentistry ...................................... 13

Additional Information

Colin Richman’s Mini CV

Testimonials
We live in a rapidly changing technological world with new innovation occurring in all disciplines of Dentistry. Relative to Periodontics and Implant Dentistry, many of these changes are valuable, some may be confusing, and some may be of minimal clinical value. Indeed, some are highly controversial.

This presentation is based on defining the current State of the Art relative to Contemporary Periodontal Therapy - from early to advanced Periodontal Disease treatment and management. The role of Implantology will be addressed relative to interdisciplinary treatment planning.

Topics include:

- Examination, Diagnosis, Treatment Planning and Treatment sequencing relative to Periodontal Therapy
- Non-surgical Periodontal Therapy, including Scaling, Root Planing, Adjunctive Chemo-therapeutic agents (Fibers, Gels, Chips, Rinses, Tablets, Fluoride therapy). ‘One session Full Mouth Debridement versus Multi-session Full Mouth Debridement.
- Surgical Periodontal Therapy emphasizing Regenerative Periodontal Therapy, and appropriate grafting agents (Autografts, Heterografts and Allografts).
- Periodontal Maintenance therapy including preventative interventions.
- Applying new innovations in Periodontics to clinical practice, including the impact of stress and smoking on Periodontal pathogenesis and Periodontal healing; Lasers; Esthetics and adjunctive Periodontal procedures to facilitate Orthodontic Therapy.

Afternoon Session:
Interactive Treatment Planning (Case/s heavy on moderate to advanced Periodontitis, with emphasis on Regenerative Therapy.)

Target Audience:
Restorative Dentist, Dental Hygienist, Prosthodontist, Laboratory Technician..
Understanding the Inter-dependency for Ideal Esthetics, Function, Longevity and Durability.  
(Most Popular and Well Received Program)

The learning objective of this program is to acquaint the audience with complexities and controversies regarding the topics of Abfraction, Gingival Recession, Cervical Tooth Erosion and Maintenance of Interdental Papillae.

Topics include:

- Definitions and application of the Miller Classification of Gingival Recession
- Contemporary thought on the treatment of Gingival Recession.
- Discussion on the Abfraction lesion: Myth or reality
- Gingival Recession as a complication of Orthodontic problems and Orthodontic treatment, and the prevention and treatment thereof.
- The complex issue of Interdental Gingival Papilla.
  - Etiology of the loss of interdental papillary tissue.
  - Limitations regarding regeneration of the interdental papilla.
  - Role of the papilla in maintaining esthetic integrity of the smile.

Most Popular Course for the Dental Team—Hygienist, General Dentist, Orthodontist, Laboratory Technician and Periodontist.
Periodontally Accelerated Osteogenic Orthodontics.

Interdisciplinary Treatment, Facilitated by PAOO
“Periodontally Accelerated Osteogenic Orthodontics”
‘Wilckodontics’

PAOO, an emerging technology, combines surgical Periodontal Therapy with Orthodontic Therapy, enabling dentists to minimize potential risk factors associated with Orthodontic Therapy.

Favorably positioned teeth, plus an enhanced muco-gingival complex, facilitates ideal esthetic, restorative and reconstructive dental treatment.

Patients with malocclusion, mutilated occlusion, or patients in need of comprehensive dental rehabilitation, frequently require Orthodontic Treatment in order to obtain a predictable, esthetic and functional treatment outcome. Many of these patients also present with moderate to advanced Periodontitis and/or Gingival Recession, with the added need for Periodontal and corrective Muco-gingival treatment. However, these patients perceive the 2-3 years of Orthodontic Treatment as a strong hindrance to undergoing ideal rehabilitative dental care. By combining the prescribed periodontal surgical care together with PAOO plus Orthodontic treatment, patients are more willing to accept comprehensive dental care, since the time required for comprehensive orthodontic therapy can be reduced by 60-75%.

In addition, PAOO significantly decreases or eliminates the following potential complications of adult Orthodontic Treatment:
- Gingival Recession
- Apical Root Resorption
- Relapse
- Poor facial profiles
- Extended treatment times.
Five major positive facets of PAOO are, well documented in the literature. These include:

- Less gingival recession, and where recession is present, adjunctive and prophylactic treatment of the recession sites prior to implementing Orthodontic treatment
- Greater orthodontic stability (post treatment)
- Less apical resorption
- Predictable and definitive periodontal and muco-gingival treatment
- Comprehensive Orthodontic treatment in approximately 6-9 months.

Program will include:

- Background
- Concepts of PAOO
- Limitations and Complications of Orthodontic treatment
- Gingival recession; Root resorption; Extended Orthodontic Treatment Time;
- Logistics of executing multi-disciplinary treatment
- Adjunctive surgical procedures to facilitate Orthodontic treatment
- Representative clinical cases
- Evidence
- Comprehensive Treatment Planning concepts and applications
- Skeletal anchorage to facilitate tooth movement.

Afternoon hands-on session:

Clinical Photography
Group-Inter-active treatment plan of a complex PAOO case.

Target Audience:
Restorative Dentist, Dental Hygienist, Prosthodontist, Laboratory Technician.
Essential Records for Comprehensive Treatment Planning

Or, Do you want to treat more Big Cases with greater confidence?

*Comprehensive care requires comprehensive data!*

This program will address the eight elements necessary to establish an appropriate diagnosis and treatment plan, which in turn will enable the practitioner to confidently handle the ‘bigger case’ and thus derive more satisfaction from Comprehensive Dentistry.

**These elements include, but are not limited to:**

1. Adequate medical and dental histories
2. Dental and Periodontal charting
3. Articulated study casts
4. Appropriate, yet simple, clinical photography
5. Diagnostic wax up
6. Interdisciplinary consultation
7. Effective communication skills with patients and dental team members.
8. Effective communication skills amongst staff members

**Target audience:**

Restorative Dentist, Dental Assistant, Dental Hygienists, Dental Specialist and Laboratory technician.
We live in a rapidly changing technological world with new innovation occurring in all disciplines of Dentistry. Relative to Periodontics and Implant Dentistry, many of these changes are valuable, some may be confusing, and some may be of minimal clinical value. Indeed, some are highly controversial.

This presentation is based on defining the role of the practicing dental hygienist relative to Contemporary Periodontal Therapy - from early to advanced Periodontal Disease treatment and management. The role of Implantology will be addressed relative to interdisciplinary treatment planning.

Topics will include:
- Examination, Diagnosis, Treatment Planning and Treatment sequencing relative to periodontal therapy
- Non-surgical Periodontal therapy, including Scaling, Root Planing, Adjunctive Chemo-therapeutic agents (Fibers, Gels, Chips, Rinses, Tablets, Fluoride therapy); ‘One session Full Mouth Debridement versus Multi-session Full Mouth Debridement.
- Surgical Periodontal therapy emphasizing Regenerative Periodontal Therapy, and appropriate grafting agents (Autografts, Heterografts and Allografts).
- Periodontal Maintenance Therapy including preventative interventions.
- Applying new innovations In Periodontics to clinical practice, including the impact of stress and smoking on Periodontal pathogenesis and Periodontal healing; Lasers; Esthetics and adjunctive Periodontal procedures to facilitate Orthodontic therapy.

Afternoon Session:
Interactive Treatment Planning (Case/s heavy on moderate to advanced Periodontitis, with emphasis on Regenerative therapy.)

Target Audience:
Dental Hygienist
Two programs are available. The first participation program is designed for all members of the dental team. A second program is available for hygienists only, utilizing a complex periodontal patient, with minimal restorative requirements.

The history of a patient requiring and having completed complex interdisciplinary care is utilized as the teaching module.

**Program Protocol:**

The following information is initially presented to the group:

- Patient’s biography and background information.
- Patient’s medical and dental history.
- Patient’s chief complaint/s, and treatment expectations
- Comprehensive extra/intra oral examination data, as well as dental and periodontal charts.
- Clinical photographs, including a short didactic and hands on module reviewing the value of simple yet predictable clinical photography.
- Occlusal data including articulated pre-treatment study casts of the case.
- Any other information relevant to this complex interdisciplinary treatment case.

The group is then divided into sub-groups of 8-10 participants. Each group will be given a set of radiographs, chartings, study casts and photographs, and will then comprehensively treatment plan the presented case. Each group may be given a different parameter to influence their treatment planning. For example, one group might treatment plan with no limitations, (e.g. no financial concerns) for ideal treatment. A second group may treatment plan with financial limitations, yet striving for ideal comprehensive care, (e.g. the case would be phased over a 2-3 year span).

Another group might treatment plan with limitations relative to orthodontic treatment, while a fourth group may treatment plan with significant medical considerations taken into account.

Each sub-group elects a spokesperson, who would then present their group’s treatment plan to the entire audience.

Finally, I will then present to the group the actual treatment which was provided, including any limitations we might have had, what we would do differently, as well as problems that have occurred following treatment.

**Target audience:**
Restorative Dentist, Dental Assistant, Dental Hygienists and Dental Specialists
The Periodontal—Orthodontic Interface

This program is oriented towards the clinical orthodontist as well as the orthodontic resident in training.

- The Muco-gingival Interface:
  - Potential problem prevention
  - Existing problem treatment
- Impactions
- Hyperplastic and Hypoplastic Gingival Tissues
- Root Resorption
- Fiberotomy
- Frenectomy
- Root proximity relationships and problems
- Replacement of missing teeth.

Target audience:
  Orthodontists, Periodontists, Restorative Dentist and Dental Hygienist
Contemporary Controversies in Periodontal Therapy

Resolving Periodontal Controversies through Evidence Based Decision Making.

- Adjunctive topical chemotherapeutics.
- Adjunctive systemic antibiotic therapy
- Laser New Periodontal Attachment (LANAP)
- Abrasion, Erosion, Abfraction and Erosion
- Surgical Periodontal Therapy vs. Non-surgical therapy relative to long-term predictability.
- Tooth versus Implant
- Occlusion

Target audience:
Restorative Dentist, Dental Assistant, Dental Hygienists and Dental specialists.
Implant Dentistry

Risk Factors in Implant Dentistry.

Treatment Planning

Surgical considerations

Restorative considerations

Maintenance: Professional and Personal

Meeting and Beating the “Clear Choice” challenge

(Why immediate load works and should be part of everyone’s armamentarium).
Mini CV- Colin Richman, DMD

Education:
• Born and educated Johannesburg, South Africa,
• Dental Degree, Johannesburg, South Africa,
• Post-Graduate Dental Degree: London England and Johannesburg, South Africa.
• Graduate Periodontics: University of Connecticut
• Faculty: Emory Dental School before closing,
• Currently: Assistant Clinical Professor, Medical College of Georgia
• Currently: Private Practice of Periodontics and Dental Implants, Roswell, Georgia

Awards:
• Diplomate, American Board of Periodontology,
• Honorable Fellow, Georgia Dental Association.
• Member, Pierre Fouchard Academy.
• Director, Seattle Study Club of Atlanta.

Lectures and Presentations:
• Presented over 160 courses in the US and abroad.
Testimonials (Dentists)

“Colin, your presentation of PAOO gets better every year! KUDOS!”
VB, General dentist

“The program met my expectation. Well Done!“
RW, General dentist

“What an absolutely stimulating program you gave us on Saturday; well organized, great slides and photography and thought provoking commentary. This was the best new idea I have seen over the past ten years.”
JD, Orthodontist

“Just a note to let you know I really enjoyed the presentation last night. It was very informative and interesting.”
LP, General dentist

“Really interesting information—will see where I can incorporate it in practice”
MO, General Dentist

Best dinner meeting I’ve been to for ages. Really got me thinking”
TL, Periodontist

“The information is much appreciated and well presented”
HE, General Dentist

“The program exceeded my expectation. Great presentation. Something actually new”
WW, General Dentist

“Colin, I truly enjoyed your lecture at the NDDS meeting this past Wednesday. The information you presented was very thorough and to the point. I would like to inquire about your availability and interest in presenting the same lecture to the Chattahoochee Study Club next month?”
PN, General Dentist, Atlanta
Testimonials (Hygienists)

“WOW! – opened my eyes to the ortho/perio/recession dilemma”
KM, Hygienist—Virginia

“All new to me, so very interesting. Very well presented. As a hygienist, I felt your presentation was very comprehensive, easy to follow and the first time in many years that I have come away with a whole day of new information”
MC, RDH.

“Thanks for an enjoyable and very informative day—subject concepts were enough, where come Monday morning, I can begin to incorporate these idea into the way we practice, for our patient’s benefit.”
LP, RDH—Minneapolis

“Subject was very interesting—gave me much for thought”
SM, RDH—Ohio

“Very informative. Would definitely discuss the Wilckodontics option with my patients”
RDH—Anon.

“I liked the treatment planning session, it was valuable”
MM, RDH—Atlanta

“Enjoyed the information presented. It was new to us and is very important. The afternoon treatment planning session showed us just how hard it is to find the right options”
JL, RDH—Seattle

“Excellent presentation, lots of useful information, especially Wilckodontics. Thank you”
MO, RDH - Atlanta

“Thank you for an exciting and informative course. You kept my attention all day, and I felt I learned a lot today. You make it easy to understand.”
MS, RDH—Minneapolis

“Not your fault, but I am a hygienist who came without her general dentist. We all need to be on board! I should be able to work with select patients on getting them to the Periodontist and Orthodontist. (I worked for a Periodontist for 5
Testimonials (Continued)

“Very informative! Slides and information so applicable to hygiene”
   RDH, Anon.

“Great speaker, excellent material, very enlightening, very informative.
Program exceeded my expectation”
   HT, RDH

“Excellent course!!”
   RDH, Anon.

“Dr. Richman is a wonderful speaker. His presentation was really focuses
   toward the hygienist. It also opened my eyes to how much recession our
   office has been ‘watching’, that really should be referred”.
   CT, RDH.
Testimonials

Colin Richman, DMD
1305 Hembree Rd., Ste. 104
Roswell, GA 30076


Dear Colin;

I’m writing to express my appreciation for your excellent presentation to the perio and ortho residents and faculty on March 29th at the Medical College of Georgia. Everyone who was in attendance benefited from your expertise in the area of long term outcomes for accelerated tooth movement. It is especially rewarding that Dr. Delton is interested in the process. I hope we can do some patients with your direction.

Please be expecting a letter from me in the near future with information on reestablishing your consultant status with us. I look forward to having you on board, and thank you again for sharing your innovative ideas with us.

Sincerely,

Glenn I. Maze, DDS
Director: Advanced Ed. Periodontics

Augusta, Georgia 30912-1220 706-721-2442 FAX (706) 721-9579
An Affirmative Action/Equal Opportunity Educational Institution
February 14, 2007

Dear Sir:

It is with the greatest pleasure that I write this recommendation for Dr. Colin Richman. On February 5, 2007 he gave an excellent presentation to our dental study club. During his three hour lecture he presented a plethora of complex cases, and demonstrated a superior knowledge of wound healing. The cases consistently displayed pride in his work, a meticulous attention to detail, and superior treatment skills. His superlative effort made him an invaluable asset to the study club, and earned him the highest accolades from the members.

Dr. Richman’s intellectual acumen and amicable personality will allow him to enhance the knowledge any group that he might lecture to. It is therefore with the greatest pleasure that I give him this recommendation.

Respectfully yours,

Bert Hanson, D.D.S., M.Sc.

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JOHN M. DORIS, D.D.S., P.A.
Diplomate, American Board of Orthodontics

Orthodontics for Children and Adults

1121 Johnson Ferry Road, N.E.
Suite 350
Marietta, Georgia 30068
Phone: (770) 977-8644

June 13, 2006

Dr. Colin Richman
1305 Hembree Rd., Suite 104
Roswell, Georgia 30076

Dear Colin,

What an absolutely stimulating program you gave us on Saturday; well organized, great slides and photography and thought provoking commentary. This was the best new idea I have seen over the past ten years. I have checked on the Wilkodontics schedule and October 2006 looks good.

Thanks Again,

John
To: Dr. Colin Richman  
Re: Seattle Study Club Lecture/Presentation Oct. 12, 2007

Dear Colin,

A tremendous “thanks” to you for the wonderful program you put on for Accelerated Dental Studies this past Friday. I have already had numerous comments as to the quality and integrity of your subject matter. The genesis of your material is that these types of programs are difficult to find for our members and I feel you have provided a most needed service to all of our members. The fundamental teamwork concepts that you presented and reviewed with the members helped them clarify and redirect the mission of the member’s respective practices.

I am taking the liberty to copy Michael Cohen with this note as he needs to be aware of the material you have to present. Your information should be a necessary foundation for every entry-level study club in the Seattle Study Club network. It will also serve other clubs as well as a “refresher” tutor for the foundational concepts many club members tend to lose with time and practice maturity.

I look forward to seeing you and Tom in the future as we grow our clubs together for the good of all.

Respectfully,

Phillip L. Parham, Jr., DMD, MS  
Dental Implants & Periodontal Care, PC
February 23, 2009

Colin S. Richman, DMD
1305 Hembree Road, Suite 104
Roswell, GA 30076

Dear Colin:

I truly enjoyed your lecture at the NDDS meeting this past Wednesday, February 18th, as the information you presented was very thorough and to the point.

I would like to inquire about your availability and interest in presenting the same lecture to the Chattahoochee Study Club at Brio Restaurant in Buckhead on Thursday, April 16 2009. The group meets at 6:00 p.m. for dinner with the guest speaker starting at 7:00 p.m. We typically finish discussion before 9:30 p.m.

Please let me know of you are interested and whether your schedule would allow this engagement. You may contact me at the above numbers or via email at nagodepatikhaill@bellsouth.net.

Best regards,

Paul D. Nagode, D.D.S., P.C.

PDN/amc