

Health-Centered Dentistry

Oral Health for Every Body...

Drs. Todd & Amy Kinney, DDS

You're making healthier food choices all the time: cutting out processed foods and hydrogenated oils, buying locally grown, organic produce, and ditching white bread and white rice for whole grains. But have you thought about the mouth you're putting those healthy morsels into? Disease and dysfunction in your teeth and jaw might be keeping you from the natural beauty and youthful vitality you are seeking.

Health-centered dentistry provides solutions worth chewing on. This modern approach to dental care looks beyond the mere elimination of disease to the restoration of the natural form and function of your teeth. The results can be dramatic: a halt to worn and broken teeth, relief from head and back pain, increased energy, improved well-being—and a more beautiful smile than you ever thought possible!

CUES FROM NATURE

A marriage of art and science, health-centered dentistry addresses the causes of disease, supporting the body's natural healing processes and its innate ability to maintain and restore health. The disciplines of biologic dentistry, nutritional biochemistry, materials biocompatibility, biomechanics, and Bioesthetics all play a role.

Bioesthetics is a revolutionary approach based upon studies of healthy, natural teeth in people of all ages. By applying the lessons of these studies, health-centered dentistry restores harmony to the entire chewing system, going beyond just treating the teeth, to make them look better. Beautiful teeth do result, but they are a natural, secondary outcome of the holistic approach.

Just like a healthy diet, health-centered dentistry takes its cues from nature. As practitioners, we believe that dental disease is 100% preventable and,

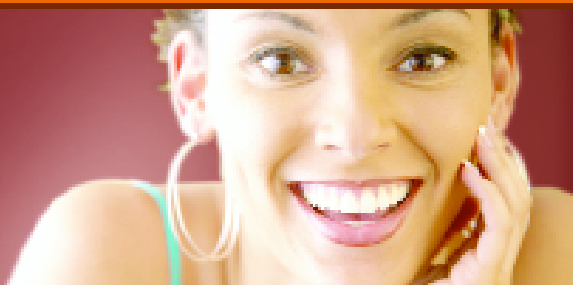
in most cases, treatable or controllable if its fundamental causes are addressed. We believe in first doing no harm, which means that we minimize harmful side effects and the use of toxic substances.

For example, mercury amalgam fillings are never used in health-centered dentistry. Rather, dental materials compatible with your body are identified through blood testing. Also, only low-dose, digital X-rays are used for diagnosis.

The philosophy of no harm extends to the environment, too. In our practice, when we remove pre-existing mercury amalgam fillings, we capture the mercury using a state-of-the-art water separator, keeping the mercury out of the wastewater system. Also, a special air filtration system captures mercury vapors released during the removal process.

When you take time to see your dentist does your dentist take time for you?

We do.



Our integrative approach to oral health makes time to consider the whole you.

We invite you to experience the difference.

TODD A. KINNEY, DDS
AMY C. MADDEN KINNEY, DDS

Health centered dentistry guided by nature.

406.582.8500 • 3502 Laramie Drive • Bozeman
1/4 mile west of the Gallatin Valley Mall

COMPREHENSIVE, HOLISTIC CARE

It's never too late—or too early—to seek oral health through health-centered dentistry. If you're in excellent health, our approach can help you stay that way with a focus on building health rather than fighting disease. A health-centered periodontal and dental treatment plan, customized to your individual biology, is the best way to keep problems from developing. If you already have dental problems and related health issues, health-centered dentistry can reverse disease and its symptoms. Whatever your starting condition, we support health and healing by assessing risk factors, heredity, and susceptibility to disease. Then we make appropriate interventions in partnership with you.

True to holistic principles, interventions will often cross disciplinary boundaries. Just as dental health cannot be isolated from the health of the whole body, proper dental treatment cannot function in isolation. In the treatment of TMJ disorders (TMD), for example, we often involve adjunctive providers such as physical therapists, chiropractors, massage therapists, acupuncturists, MDs, and naturopathic doctors. Treatments for acute TMD symptoms can include jaw exercises, hot and cold compresses, physical therapy, massage, relaxation therapy, and, if necessary, limited use of medication.

TMD occurs when the skull and jaw bones, cartilage disks, muscles, and teeth fail to work in harmony, causing tension in the head's large side muscles. Its symptoms, ranging from teeth grinding and jaw popping to

severe headaches, depression, and ear problems, illustrate how dental imbalance can have far-ranging effects.

Taking into consideration the whole chewing system, Biologic Orthodontics provides results that are beautiful, functional, and long-lasting. Working with the lightest forces possible, Biologic Orthodontics provides treatment in a more comfortable and faster manner than traditional approaches.

FIRST, WE TEACH

The health-centered dentist is first a teacher and a promoter of lifelong, healthy habits. Our primary role is to educate you about oral health and to encourage you to take responsibility as a means to overall wellness. The promise of health-centered dentistry is to help you choose health, not to leave it to chance, by developing a cooperative doctor-patient relationship with inherent therapeutic value. Together, you and your dentist can develop a personal and comprehensive dental care plan geared to your unique biological whole.

Armed "to the teeth" with information, options, and a long-range strategy, you can achieve natural beauty and optimal oral health for a life-

time through health-centered dentistry. ■

Drs. Todd and Amy Kinney have lived and provided integrative dental care in Bozeman since 1997. Their health-centered practice focuses on mercury-free dentistry, TMJ disorders, and integrative, preventive care. Drs. Kinney have a special interest and advanced technical training in comprehensive esthetic, restorative, and reconstructive dentistry.



See testimonials at
www.HeartHandsHealingTouch.com

Pamela Beth Berger, LMT
Bozeman, Montana

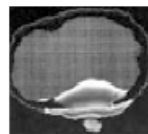
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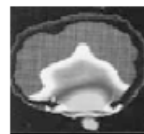
I don't feel old anymore! —George H.
Two weeks of back pain gone... great healing energy! —Maggie F.

Autism, Brain Tumors and Cancer Linked to Excessive Electromagnetic Radiation (EMR)

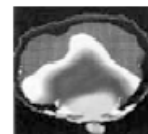
Radiation from wireless devices penetrates the skull, especially of children:



Adult



10 Year Old



5 Year Old

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